



## BNZ Workplace

We are proud at the BNZ to be a Breastfeeding Friendly Workplace.

We provide a private, comfortable room for employees to breastfeed or express and prior to going on leave give the pregnant employee a 'breastfeeding pack' containing our breastfeeding policy and other resources. Communication between management and the employee and adopting a flexible approach are most vital.

We value our staff and aim to make the return back to work after having a baby as easy as possible. **Being a Breastfeeding Friendly Workplace also makes good business sense as there is less absenteeism as breastfed babies get sick less often, we retain valuable employees, save on recruitment costs and it promotes staff loyalty.**

It is great there are now legal requirements for employers to provide suitable facilities and breaks for breastfeeding employees and encourage other workplaces to implement this into their workplace culture.

*Breastfeeding*  
for **GOODNESS** sake



Southern District  
Health Board